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United States®
Census
2020

The amount of money received by vital programs and services is determined by the census – these include: Medicaid, SNAP or “food stamps”, Medicare Part B, National School Lunch Program, Head Start/Early Head Start, Foster Care, Health Care Programs (Community, Migrant, Homeless, Public Housing), Schools, roads and houses.

For every person not counted in the 2020 Census, the state loses \$1,800 each year for a decade. That’s money that should be going into our communities and neighborhoods to support our schools, our roads, our houses, but instead will go to other states.

Shape your community, your parks, and your schools. Invest in your health care. Have a say in your services. Participate in the 2020 census. Visit 2020 Census.Gov to learn more.

Daphne Kelker will be coming to the Maple Heights Senior Center on March 3rd @ 10:30 AM to discuss the 2020 Census. Don’t miss this important talk.

Contact Us

Give us a call for more information about our services.

Maple Heights Senior Center
15901 Libby Rd.
Maple Heights, OH 44137

(216) 587-5481

E-Mail
lvopat@mapleheightsohio.com

Visit us on the web at <http://www.citymapleheights.com/>



Interested in Advertising in the Golden Maple Leaves? Please Call for Details! Like us on Facebook!

City of Maple Heights
Maple Heights Senior Center
15901 Libby Rd.
Maple Hts., Ohio 44137

PLACE
STAMP
HERE



GOLDEN MAPLE LEAVES



City of Maple Heights

Annette M. Blackwell , Mayor

March 2020

Linda M. Vopat, Director of Human Services

Meal Reservations: 216-587-0015

Fax: 216-587-9069

Transportation Reservations: 216-265-1489

Additional Information: 216-587-5481



Happy St. Patrick's Day!

May love and laughter light your days,
and warm your heart and home.
May good and faithful friends be yours,
wherever you may roam.
May peace and plenty bless your world
with joy that long endures.
May all life's passing seasons bring the
best to you and yours!

MARCH PROGRAMS AT A GLANCE

MAR 2: 9:30 USPS Mobile Truck
MAR 2: 9:45 Chair Volleyball
MAR 3: 10:30 2020 Census Talk
MAR 5 9:45 Movie: On the Bases of Sex
MAR 6: 9:45 Chair Exercise with Video
MAR 9: 9:45 Chair Volleyball
MAR 10: 10:30 Senior Site Council Meeting
MAR 10: Noon February Birthday's
MAR 10: 1:00 Mind Challenge Round 2 - Solon
MAR 11: 10:00 Tai Chi
MAR 12: 9:30 Goddess Massage - Garfield
MAR 12: 9:30 St Patrick's Day Party - Garfield
MAR 13: 9:45 Chair Exercise with Video
MAR 16: 9:45 Chair Volleyball
MAR 16: 10:30 Hair Cuts with Tymeka
MAR 16" 10:30 Manicures—Oak Street Health
MAR 17: 10:30 BP Screening - Suburban Hlth.
MAR 19: 10:00 
MAR 20: 9:45 Chair Exercise - Video
MAR 23: 9:45 Chair Volleyball
MAR 24: 10:30 Sr. Site Council Meeting
MAR 25: 10:00 Tai Chi
MAR 25: 12:45 General Meeting
MAR 26: 9:45 Movie: Judy
MAR 27: 10:00 Indians Talk by M. Gitlin
MAR 30: 9:35 Chair Volleyball
MAR 31: 10:30 Medicare Minute Presentation

Linda

Maple Heights Office On Aging | 15901 Libby Road | Maple Heights, Ohio 44137

District 1 - Stafford L. Shenett Sr.
District 2 - Toni Jones
District 3 - Christian Ostenson
District 4 - Dana Anderson

Members of City Council
President of Council—Ron Jackson
City Hall
5353 Lee Road
Maple Heights, Ohio 44137
Phone: 216-662-6000

District 5 - Tanglyn Madden
District 6 - Richard Trojanski
District 7 - Edwina Agee

Telephone Reassurance

Any elderly person who is homebound or lives alone and would like a daily phone call, please contact the Center at 216-587-5451. Let us provide you with a reassuring daily call to let you know we care.

Legal Aid for Seniors

The Legal Aid Society offers legal counseling and services to persons age 60 and over.

New intakes are processed via phone:

888-817-3777 (toll-free)

Monday, Wednesday, Friday: 9 a.m. – 4 p.m.

Tuesday, Thurs: 9 a.m. – 2 p.m.

In-person intake applications are handled:

Tuesday, Thursday 9 a.m. – 1 p.m.

At any of four Northeast Ohio Offices in Cleveland, Elyria, Jefferson & Painesville

Visit www.lasclev.org for more information

Benefits Checkup

The program is a simple way for you to learn about state and federal programs you may be eligible for. You need to use a computer and answer several simple questions. The program will bring up a list of possible programs you may qualify for. Call 216-420-6840 for more information or the website to log onto is:

www.benefitscheckup.org/link/cuyahoga


Podiatry Service

Lara S. Poduska, DPM will be available for foot care. Assignment from Medicare and Medicaid is accepted. Special arrangements can be made for persons on HMO insurances. Call Dr. Poduska's office at 216-662-0027 for an appointment.



Thank You to the Following Seniors

For donations of money, cups, sugar, creamer, coffee, Tea and/or snacks, straws & wrapping silverware.


Gayle Holman, Frank Tosti, Carol Hromadka, Georgette Vidmar, Ron Jackson, Walter Wacławik



Volunteer of the Month



Gayle Holman



Hot Meals Program

The Maple Heights Lutheran Church of the Covenant offers a FREE Hot Meal on the last Thursday of each month. If you are interested in going to this dinner, Please call 216-587-5481 to confirm details and to be put on the ride list.



Notary Services Available

Maple Heights Resident Audrey Brandon

Has offered her services as a Notary Public to all of our Seniors. Please call 1-216-587-5481 or speak to a staff member to make an appointment with Audrey for all your Notary needs.

Hair Cuts and Manicures

Tymeka, Owner of Blow Hair & Nail Studio will be coming to the Maple Heights Senior Center on the third Monday of each month! The cost is \$8.00 per hair cut. Plus **Free Manicures** Sponsored by Oak Street Health. Please call 216-587-5481 to schedule your appointments . See calendar for future dates.





St. PATRICKS DAY CELEBRATION

9:30 – 2:00 PM
THURSDAY, MARCH 12
Garfield Heights Senior Center
5407 Turney Road Garfield Hts

Join us for our annual St. Patrick's Day Party! The Garfield Heights High School Jazz Band will perform from 10:00 - 11:00 AM, lunch will be served at 11:30 AM (sign up during regular meal reservation days), a bagpiper will perform at 1:00 PM and baskets will be raffled before we wrap up at 2:00 PM. This event is FREE and open to seniors (60+) in Cuyahoga County. Please RSVP and reserve your meal by March 3.

This event is sponsored by Woodside Senior Living, Bella Care Hospice and The Village at Marymount.

Made with PosterMyWall.com

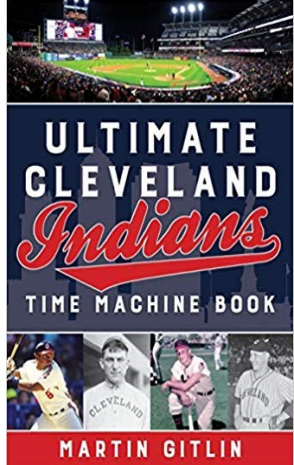
Please note: The Maple Heights congregate meals will be brought to the Garfield Hts., St. Patrick's day party. Please be sure to sign up for your lunch on that day. We will not be able to provide "Stand by" meals.

The Cleveland Indians Time Machine - by Martin Gitlin

The author of the Ultimate Cleveland Indians Time Machine Book by freelance writer and journalist Martin Gitlin. He has written more than 60 educational books and won more than 45 awards in his 30 years of writing.

Mr. Gitlin will be coming to the Maple Heights Senior Center on Friday, March 27th at 10:30 AM. He will give a 1 hour presentation of his book and talk about the most interesting teams, players and experiences gained from his 2 decades of covering baseball. So if you have Indians fever be sure to come to the Senior Center to see his presentation!

As the author titles in a new "Time Machine" Lyons Press baseball series, *The Ultimate Cleveland Indians Time Machine* presents a timeline format that not only includes the Indians' greatest moments—including World Series appearances and individual achievements—but would focus also on some very unusual seasons and events, such as the team's 20-134 season of 1899 (the absolute worst in baseball history), the "Crybabies" of 1940 (who received this nickname after complaining about their manager to such as extent that fans even turned on them), or the infamous "Ten Cent Beer Night of 1974" (when thousands of drunken fans stormed the field and forced the team to forfeit). Of course there are other events to recall, like 17-year-old Bob Feller making his debut and striking out 17 batters in 1936, or Albert Belle famously pointing at his muscle after a playoff opponent claimed (rightly) that he had corked his bat and one of his teammates snuck into the umpire's room to steal it back so the umps could not find out that it was corked. There are dozens of impressive, wild, wacky and wonderful stories over the years regarding Indians history and Gitlin is the perfect person to write it with his trademark humor and thorough knowledge of Indians lore.





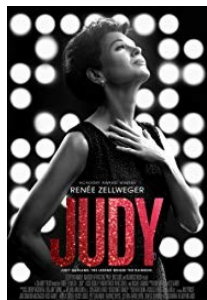
Groovy Movies 9:45 AM

March Movies Celebrating Women’s History Month - 2nd Floor



Thursday, March 5th - On the Basis of Sex 7.0/10 (2018)

The true story of Ruth Bader Ginsburg, her struggles for equal rights, and the early cas-es of a historic career that led to her nomination and confirmation as U.S. Supreme Court Associate Justice.



Thursday, March 26th - Judy 6.9/10 (2019)

Legendary performer Judy Garland (Renée Zellweger) arrives in London in the winter of 1968 to perform a series of sold-out concerts.

MIND CHALLENGE for the New Majority

What is The Mind Challenge for the New Majority? It is a trivia tournament for active seniors and baby boomers (50+) representing 36 cities/senior centers. This year marks the second year after a tremendously successful inaugural cam-paign in 2019.

The Maple Heights Senior Center participated in the Mind Challenge Knockout round 1 on Tuesday February 11th. Team Hagans came out on top with 120 points out of 16 teams! Team Hagans has the opportunity to move on to the Mind Challenge Smart 16 round on Tuesday, March 10th at 1 PM for the SE Regional hosted by Solon. If successful, they can move on to the Elevated Eight round . Congratulations to team Hagans members for the win! Good luck going forward, you have already made Maple Heights proud!



Free Chair Tai Chi Classes are back!

In cooperation with the Maple Heights Adult Activities Center, now operated by SAW, Inc. is offering a free Chair Tai Chi Class for Seniors on Wednesday Mornings from 10:30 -11:30 AM. The classes will be 2nd & 4th Wednesdays of the Month. Transportation will be available from the Maple Heights Senior Center leaving between 10:00 AM and 10:15 AM. You can drive directly to the activity center and participate at the Maple Heights Adult Activities Center 14775 Broadway Ave., Maple Heights.



Medicare Minute Presentation

Join Michael Gold of Richard Weiss Agency for a 3 part series of Medicare Minute Presentations. All presentations will be at 10:30 AM at the Maple Heights Senior Center.

- March 31st - Medicare and Employer - Based Coverage
April 29th - Original Medicare vs. Medicare Advantage

Chair Exercises - SIT and be FIT

The Maple Heights Seniors Center is offering a weekly chair exercise class. This a 2 DVD set called SIT and be FIT for 2 complete workouts. Easy fitness for Seniors. This exercise format is administered by Juanita Womack, Vice President of the Senior Site Council every Friday (unless oth-er activities are planned) beginning at 9:45 AM. Please check the Newsletter for dates.



Who Wants a Massage!

Tara L. Adams is a Licensed Massage Therapist and will be coming to the Maple Heights Senior Center to provide a mobile massage service to our Seniors. She will do a 10 minute massage of your back, arms and hands for just \$5.00. Since the second Thursday in March is the same day as the St. Pat-rick’s Day Celebration in Garfield Hts. Tara will be available in Garfield Hts. for massages . Please sign up to make your appointment in advance of the St. Pat-rick's Day Party.



The Goddess Touch A Mobile Massage Service Tara L Adams Licensed Massage Therapist

Mobile Food Pantry

The City of Maple Heights and St. Andrew Eastern Orthodox Church in cooperation with the Greater Cleveland Food Bank are sponsoring the Mobile Farmers Market at the

St. Andrew Eastern Orthodox Church 16029 Maple Park Drive Maple Heights, Ohio 44137 From 9:30—11:30 AM

This is held the third Thursday of every Month. Our next date will be Thursday, March 19th

Please Bring Your Own Bags

Learn to Play BUNCO!

Bunco is a social dice game, traditionally played with 12 players, who are divided into three tables with 4 players at each table. But really, any number can play. Join in to play Bunco at the Maple Heights Senior Center. Just \$1.00 to play. The money collected will then be distributed to the person(s), who wins Most Bunco’s, Most Baby Bunco’s, Most Wins, and Most Losses! We have added the Traveling Bunco too! Thank you to Council President Ron Jackson for providing gift cards for the person who wins the “Most Bunco’s” prize.



Income Tax Preparation

AARP will be providing the free income tax service for seniors and low-income individuals every Monday beginning February 3rd through April 13th from 9:00 AM-2:30 PM. We are booked up for scheduled appoint-ments. Please call 216-587-5481 to be put on a waiting list for a possible cancellation, if you are still in need of an appointment.



Donations Accepted



The services offered at the Maple Heights Senior Center are funded by the City of Maple Heights, the Older Americans Act through the Ohio Department of Aging and the Cuyahoga County Division of Senior and Adult Services, through the Health & Human Services Levy. Donations are accepted for the services of Congregate and Home-Delivered Meals, Outreach, Transportation, and Escort. The decision to donate or not to donate is totally yours and will in no way affect your eligibility for these services.

Monthly Bingo

The monthly bingo is usually the third Thursday of each month and starts at 10:00 a.m. Please check the newsletter for the date each month. If you would like to stay for lunch, your meal reservation should be made on Monday or Tuesday the week before. Thank you to Suburban Health for providing Bingo prizes. The next Bingo will be Thursday, March 19, 2020



Volunteers Needed

The Maple Heights Senior Center offers many opportunities for you to give of your time and talents to others. Volunteers are needed to deliver home delivered meals and to escort seniors to medical appointments. For more information or to lend a hand, call 216—587-5481.

F.Y.I.

Division of Senior and Adult Services: 1-216-420-6750
Long-Term Care
Ombudsman Helpline: 1-800-365-3112
Long-Term Care Ombudsman: 1-216-696-2719
Western Reserve Area Agency on Aging: 1-216-621-8010

Transportation

Seniors 60 years or older who reside in the city of Maple Heights and bordering areas can request van transportation. The Maple Heights Senior van can be used for medical appointments, prescription pick-ups, grocery shopping, banking and to come to the Maple Heights Senior Center. Suggested donation is \$1.00 **each way**.

To register for the Senior Center call 216-587-5481. To make a van reservation, call the "STC Call Center" @ 1-216-265-1489 by 12 noon, three (3) business days prior to, or up to two (2) weeks in advance, Monday through Friday from 7:00 a.m. to 5:00 p.m.

Maple Hts. Nutrition Program

Provides a nutritionally sound hot meal to individuals 60 years of age or older in a friendly atmosphere. **The suggested donation for the meal is \$1.50.** Lunch is served promptly at noon unless otherwise specified. It is the Center's policy that you arrive by 11:30 a.m. for your reserved lunch, otherwise it will be offered to a person on the stand-by list. Meal reservations are made one week in advance on Monday or Tuesday. You can reserve or cancel a lunch either by phone at 216-587-0015 or in person from 9:00 AM to 5:00 PM. **We are pleased to announce additional options to your menu! We will be accepting 3 different menu choices for each day. When calling in your meal reservation, please tell us if you want the regular hot meal, the Cold Plate (CP) option of Chicken Salad w/Croissant (Monday only) or Spring Lettuce Salad w/Chicken Breast (Tues—Fri) or the Boxed Lunch (BX) option of Tuna, Turkey or Roast Beef designated on the menu for each day. We are now taking lunch reservations for the new meal options.**

Outreach Service

If you know someone in Maple Heights who is 60 plus and needs assistance, please contact Jaimie Hasenohrl to arrange an OUTREACH VISIT from 8:30 a.m. to 5:00 p.m. at 216-587-5451.

Senior Employment Service

Employment opportunities are available through various Senior employment services. The following agencies offer some kind of assistance for employment opportunities.

AARP Senior Employment Program: 216-881-1155

Jewish Family Service Association: 216-292-3999

National Caucus & Center on Black Aged:
216-721-9197

Parma Employment Connection: 216-898-1366

Vocational Guidance Service Incorporated:
216-431-7800

Book Delivery for Homebound-Library2you

Library2You is a free service for homebound individuals from Cuyahoga County Public Library which mails library materials to your home. Are you a Cuyahoga County resident who is unable to visit the library for one of the following reasons?

- Frail older adult age 60 and older
- Physically, visually and/or mentally impaired
- Temporarily homebound

Contact the Adult Services Department at
216-749-9307 to make arrangements.

Chair Volleyball

Our chair volleyball games are so much fun! Every Monday we play chair volleyball Games. We start playing at 10:00 AM and usually play 3 games. Chair Volleyball is a rapidly growing sport among seniors and great exercise too!

Won't you join us?



February Birthday's

On Tuesday, February 11th, we celebrated birthdays at the Senior Center. The special birthday table was covered with a festive tablecloth distinguishing it from other tables in the dining room.

**Special Thank You to
Walton Manor
for providing the cakes!**



Beverly Fuller 2/5 Carmella Gramuglia 2/13
Alice Wood 2/13 Mary Glenn 2/16
Georgette Vidmar 2/22 Andrew Bremer 2/25
Joseph Mayak 2/26

USPS Mobile Truck

The United States Post Office Mobile truck usually visits the Maple Heights Senior Center on the first Monday of each month. This is a full service mail truck to accommodate all your mailing needs. The next visit will be

Monday, March 2, 2020

Blood Pressure Screening

Suburban Health will be doing blood pressure screenings on the Third **Tuesday** of every month at 10:30 AM



**SuburbanHealth
Organization**

March 2020 WRAAA Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>*Meatballs 3-1 oz. *Spaghetti 1/2 c w/ Sauce *Antigua Blend ½ c *Carrots ½ c Whole Grain Wheat Tropical Fruit ½ c</p> <p>ALT = CS TR</p>	<p>3</p> <p>*Baked Chicken Breast 3 oz. Gravy 2 oz. *Mashed Potatoes ½ c *Red Cabbage ½ c / 1PC vinegar Whole Grain White Pineapple Chunks ½ c</p> <p>ALT = CBG T</p>	<p>4</p> <p>*Roasted Turkey Breast, 3 oz *Gravy 2oz / *Stuffing ½ c *Green Beans ½ *Corn w/ Red Peppers ½ c W.G. Dinner Roll Banana</p> <p>ALT = CBG TR</p>	<p>5</p> <p>*Roasted Pork Loin 3 oz. *Sweet Potatoes ½ c *Broccoli ½ c W.G. Biscuit, 2 oz. Sliced Apricots ½ c</p> <p>ALT = CBG RB</p>	<p>6</p> <p>*Breaded Fish 4 oz. Tartar Sauce 1 PC *Cole Slaw ½ c *Potato Wedges ½ c 2 Whole Grain Wheat Sliced Peaches ½ c</p> <p>ALT = CBG TR</p>
<p>9</p> <p>*Sliced Ham 3 oz. w/ Pineapple Glaze *Au gratin Potatoes ½ c *Cauliflower/Broccoli ½ c 2 Whole Grain Wheat Sliced Peaches ½ c</p> <p>ALT = CS RB</p>	<p>10</p> <p>*BBQ Chicken Breast 3 oz. *Sweet Potatoes ½ c *Brussels Sprouts ½ c W. G Buttermilk Biscuit 2 oz. Mandarin Oranges ½ c</p> <p>ALT = CBG RB</p>	<p>11</p> <p>*Swedish Meatballs 3-1 oz. w/Gravy 2 oz./ *Noodles ½ c *Green Beans ½ c Sautéed Mushrooms ½ c. Whole Grain White Sliced Apricots ½ c</p> <p>ALT = CBG T</p>	<p>12</p> <p>*Chicken Stir Fry 3 oz *Oriental Blend ½ c *Carrots ½ c *Brown Rice ½ c W.G Vanilla Wafers. Sliced Pears ½ c</p> <p>ALT = CBG TR</p>	<p>13</p> <p>*Vegetable Lasagna 6 oz. *Cauliflower ½ c *California Blend ½ c Whole Grain Wheat Fresh Grapes 1 cup W.G. Vanilla Wafers 1 oz. ALT=CBG T</p>
<p>16</p> <p>*Tomato Basil Chicken 3 oz. *W G Pasta ½ c Sauce 2 oz. *Spinach ½ c/1 PC Lemon Juice *Carrots ½ c W.G. Wheat Sliced Peaches ½ c</p> <p>ALT = CS RB</p>	<p>17</p> <p>*Beef Meatloaf w/ Ketchup Glaze 3 oz. *Baked Beans ½ c *Antigua Blend ½ c 2 Whole Grain White Chunky Applesauce ½ c</p> <p>ALT = CBG T</p>	<p>18</p> <p>*Roasted Turkey Breast 3 oz. *Gravy 2 oz./ Stuffing ½ c *Green Peas ½ c Cape Cod Blend 1/2 c 1 Whole Grain Wheat Mixed Fruit ½ c</p> <p>ALT = CBG RB</p>	<p>19</p> <p>*Stuffed Pepper 6 oz. w/Sauce 2 oz. *Mashed Potatoes ½ c *Green Beans ½ c 2 Whole Grain Wheat Banana</p> <p>ALT = CBG TR</p>	<p>20</p> <p>*Cheese Ravioli 6 oz. *Broccoli ½ c *Baby Lima Beans ½ c Whole Grain Breadsticks 2 oz. Fresh Grapes 1 c</p> <p>ALT = CBG T</p>
<p>23</p> <p>*Stuffed Cabbage 6 oz. w/ Sauce 2 oz. *Mashed Potatoes ½ c *Cape Cod Blend ½ c 2 Whole Grain Wheat Sliced Pears ½ c</p> <p>ALT = CS RB</p>	<p>24</p> <p>*Breaded Fish 4 oz Tartar Sauce 1 PC *Brown Rice ½ c *Cauliflower ½ c *Kyoto Blend ½ c Whole Grain White Mixed Fruit ½ c</p> <p>ALT = CBG TR</p>	<p>25</p> <p>*Lemon Gravy 2 oz/ Chicken 3 oz. *Mashed Potatoes ½ c *Green Beans ½ c 2 Whole Grain White Orange</p> <p>ALT = CBG T</p>	<p>26</p> <p>*BBQ Rib Patty 3 oz. BBQ Sauce 1 PC *Sweet Potatoes ½ c *Brussel Sprouts ½ c Whole Grain Bun Fresh grapes 1 c</p> <p>ALT = CBG RB</p>	<p>27</p> <p>*2-2 oz. Stuffed Shells w/ Sauce 2 oz. *Spinach ½ c/1 PC Lemon Juice *Capri Blend ½ c Whole Grain Garlic Toast 2 oz. Banana</p> <p>ALT = CBG T</p>
<p>30</p> <p>*Beef Sloppy Joe 4 oz. *Green Peas ½ c *Harvard Beets ½ c Whole Grain Bun Sliced Apricots ½ c</p> <p>ALT = CS RB</p>	<p>31</p> <p>*Hamburger 3 oz. Ketchup 2 PC *Seasoned Potato Wedges ½ c *Baked Beans ½ c Whole Grain Bun Chunky Applesauce ½</p> <p>ALT = CBG TR</p>	<p>Choice of 1% Milk or Buttermilk</p> <p>*=Take Temperature of milk and all food proceeded by an asterisk</p>	<p>Menu Approved By: Ann Stahlheber MS, RDN, LD</p>	



























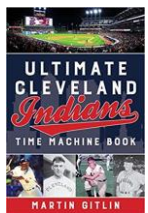

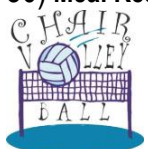

Western Reserve Area Agency on Aging - 2019

Note: Box Lunch Default Menu choice is shown in the right hand corner of each day.

"T" = Tuna, "TR" = Turkey, "RB" = Roast Beef

ALT CS = Chicken Salad with Croissant, ALT CBG Spring Lettuce Salad w/ Chicken Breast

March 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2) Meal Reservations, 9:30 USPS Mail Truck, 9:45 AM Chair Volleyball</p>  <p>FREE Income Tax Preparation Services By Appointment ONLY thru AARP</p>	<p>3) Meal Reservations – 10:30: 2020 Census talk by Daphne Kelker</p>  	<p>4) 1:00 PM Bid Whist, 7:00 PM Council Meeting</p> 	<p>5) Movie: 9:45 AM – On the Basis of Sex Sponsored by Walton Manor</p> 	<p>6) 9:45 AM - Chair Exercises with Video, 1:00 PM Bid Whist Bunch</p>  
<p>9) Meal Reservations, 9:45 Chair Volleyball</p>  <p>FREE Income Tax Preparation Services By Appointment ONLY thru AARP</p>	<p>10) Meal Reservations, 10:30 AM Senior Site Council, Noon March Birthday's Sponsored by Walton Manor, 1:00 PM Mind Challenge Smart 16 Round 2 (Solon)</p>  	<p>11) 1:00 PM Bid Whist, 10:00 AM Tai Chi,</p>  	<p>12) The Goddess Touch – 10 min. massage will be at Garfield Hts. Sr. Ctr. during the 9:30 AM – 2:00 PM St. Patrick Day Party – Garfield Heights</p>  	<p>13) 9:45 AM - Chair Exercises with Video, 1:00 PM Bid Whist Bunch</p>  
<p>16) Meal Reservations, 9:45 Chair Volleyball, 10:30 Hair Cuts with Tymeka, 10:30 Free Manicures Sponsored by Oakstreet Health</p>    <p>FREE Income Tax Preparation Services By Appointment ONLY thru AARP</p>	<p>17) Meal Reservations, 10:30 AM Blood Pressure Sponsored by Suburban Health</p> 	<p>18) 1:00 PM Bid Whist, 7:00 PM Council Meeting</p> 	<p>19) 10:00 Bingo Sponsored by Suburban Health</p> 	<p>20) 9:45 AM - Chair Exercises with Video, 1:00 PM Bid Whist Bunch</p>  
<p>23) Meal Reservations, 9:45 Chair Volleyball,</p>  <p>FREE Income Tax Preparation Services By Appointment ONLY thru AARP</p>	<p>24) Meal Reservations, 10:30 AM Senior Site Council Meeting</p> 	<p>25) 10:00 AM Tai Chi, 1:00 PM Bid Whist, 12:30 PM General Meeting</p>   	<p>26) Movie: 9:45 AM - Judy Sponsored by Walton Manor</p> 	<p>27) 10:30 AM Indians Presentation by Marty Gitlin</p>  
<p>30) Meal Reservations, 9:45 Chair Volleyball,</p>  <p>FREE Income Tax Preparation Services By Appointment ONLY thru AARP</p>	<p>31) Meal Reservations, 10:30 Medicare Minute Presentation – Michael Gold</p> 			

Meal Reservations are taken on Monday and Tuesday, One Week in Advance, @ 216.587.0015



Cuyahoga County 2020 Census Temporary Jobs Available Now!

Cuyahoga County has more than 6,000 temporary positions available, which include census takers, recruiting assistants, office staff and supervisory staff. The pay for census takers in Cuyahoga County is **\$18.50 per hour**.

The results of the 2020 Census will help determine Ohio's representation in Congress, as well as how certain funds are spent for Cuyahoga County schools, hospitals, roads, and more. This is your chance to play a part in history and help ensure that everyone in the county is counted!

APPLY ONLINE TODAY!
cuyahogacounty.us/censusjobs

2020 Census jobs provide:

- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

For more information or help applying, please call
1-855-JOB-2020

To be eligible for a 2020 Census job, you must:

- Be at least 18 years old.
- Have a valid Social Security number.
- Be a U.S. citizen.
- Have a valid email address.
- Pass a Census-performed criminal background check and a review of criminal records, including fingerprinting.
- Be available to work flexible hours, which can include days, evenings, and/or weekends.

Cuyahoga Counts!
**CENSUS
2020**

Connect with us
[@cuyahogacounty](https://twitter.com/cuyahogacounty)
[#cuyahogacounts](https://twitter.com/cuyahogacounts)

For more information
<http://executive.cuyahogacounty.us/en-US/2020-Census>

**Shape
your future
START HERE >**

United States
**Census
2020**

2020 Census FAQ

What is the census?

The census is a count of every person who lives in the United States and its territories. It happens every 10 years. In early 2020, you will be asked to count everyone who lives in your home as of April 1. Responding to the 2020 Census is a chance to shape your future.

What's in it for me?



Your responses inform where over \$675 billion is distributed each year to communities nationwide for clinics, schools, roads, and more.



Census data gives community leaders vital information to make decisions about building community centers, opening businesses, and planning for the future.



Responding also fulfills your civic duty because it's mandated by the U.S. Constitution. The United States has counted its population every 10 years since 1790.



Your responses are used to redraw legislative districts and determine the number of seats your state has in the U.S. House of Representatives.

Is my information safe?

Your responses to the 2020 Census are safe, secure, and protected by federal law. Your answers can only be used to produce statistics. They cannot be used against you by any government agency or court in any way—not by the FBI, not by the CIA, not by the DHS, and not by ICE.

When can I respond to the census?

In early 2020, every household in America will receive a notice to complete the census online, by phone, or by mail. In May, the U.S. Census Bureau will begin following up in person with households that have yet to respond.

What will I be asked?

You will be asked a few simple questions, like age, sex, and the number of people who live in your home, including children.

What won't be asked?

The census will never ask for Social Security numbers, bank or credit card numbers, money or donations, or anything related to political parties.

For more information, visit:

2020CENSUS.GOV

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