

Ron Jackson, President

Stafford L. Shenett, Sr., Dist 1

Toni Jones, District 2

Ebony Miller, District 3



Terry Woody, Sr., District 4

Tanglyn Madden, District 5

Sharri Thomas, District 6

Edwina Agee, District 7

PUBLIC NOTICE

DATE: November 26, 2018

TO: Members of City Council
Mayor Annette M. Blackwell

FROM: Council President Ron Jackson

RE: **Special Meeting of Council**

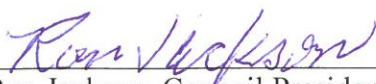
In accordance with Article VII, Section 3, of the Charter of the City of Maple Heights a **Special Meeting of Council** will be held on **Wednesday, November 28, 2018, at 7:00 p.m. (Caucus Meeting at 6:30 p.m.)** at the Maple Heights Senior Center, 15901 Libby Road, Maple Heights, Ohio, to consider the following:

- **RESOLUTION NO. 2018-98: A RESOLUTION AUTHORIZING THE MAYOR AND CITY ENGINEER TO MAKE APPLICATION TO THE CUYAHOGA COUNTY DEPARTMENT OF DEVELOPMENT COMMUNITY DEVELOPMENT SUPPLEMENTAL GRANT PROGRAM FOR 2019, AND AUTHORIZING THE SIGNING OF CONTRACTS AND OTHER DOCUMENTS RELEVANT THERETO, AND DECLARING AN EMERGENCY.**

Reading 2 (Blackwell)

- **RESOLUTION NO. 2018-103: A RESOLUTION AUTHORIZING THE MAYOR TO ENTER INTO A CONTRACT WITH THE CITY OF GARFIELD HEIGHTS AND ITS FINANCE DIRECTOR BARBARA BIRO TO ALLOW BIRO TO RENDER TEMPORARY MUNICIPAL FINANCE SERVICES TO THE CITY OF MAPLE HEIGHTS, AND DECLARING AN EMERGENCY.**

Reading 1 (Blackwell)


Ron Jackson, Council President
Maple Heights City Council

cc: Directors, Chiefs, Department Heads



RESOLUTION NO. 2018-98

INTRODUCED BY: Mayor Annette M. Blackwell

MOTION FOR ADOPTION BY:

A RESOLUTION AUTHORIZING THE MAYOR AND CITY ENGINEER TO MAKE APPLICATION TO THE CUYAHOGA COUNTY DEPARTMENT OF DEVELOPMENT COMMUNITY DEVELOPMENT SUPPLEMENTAL GRANT PROGRAM FOR 2019, AND AUTHORIZING THE SIGNING OF CONTRACTS AND OTHER DOCUMENTS RELEVANT THERETO, AND DECLARING AN EMERGENCY

WHEREAS, pursuant to Section 714.02 of the Cuyahoga County Code, there is created the Cuyahoga County Community Development Supplemental Grant program to be administered in conjunction with and using the same grant process as the County Community Development Block Grant Program; and

WHEREAS, the Cuyahoga County Community Development Supplemental Grant ("CDSG") program shall be administered by the Cuyahoga County Executive through the Cuyahoga County Department of Development; and

WHEREAS, the CDSG program shall be funded through the County Casino Revenue Fund as established in Chapter 709 of the County Code and Fifteen percent (15%) of the funds transferred into the Casino Revenue Fund annually shall be used to fund projects approved through the Cuyahoga County Community Development Supplemental Grant program; and

WHEREAS, CDSG funds are available to eligible municipal corporations to fund projects meeting a community development need related to the health or welfare of the community, which projects include: a) community master plans; b) housing and commercial demolition; c) infrastructure; d) public safety; e) streetscapes; f) parks and playgrounds; or g) community and senior centers; and

WHEREAS, the City of Maple Heights is a municipal corporation eligible to receive CDSG funding for an eligible activity through the Municipal Grant Program; and

WHEREAS, The Mayor and Engineer have advised Council that CDSG funds may be available through the 2019 Cuyahoga County Community Development Supplemental Grant program in an amount not exceeding Fifty Thousand Dollars and No Cents (\$50,000.00), to fund improvements associated with the **Stafford Park Pool Rehabilitation Project**.

NOW, THEREFORE BE IT RESOLVED by the Council of the City of Maple Heights, County of Cuyahoga, State of Ohio that:

Section 1. The Mayor and City Engineer are hereby authorized and directed to make application, sign and file all necessary contracts and documents with the Cuyahoga County Department of Development for CDSG funding through the 2019 Cuyahoga County Community Development Supplemental Grant program for the following project:

Stafford Park Pool Rehabilitation Project

Section 2. It is found and determined that all formal actions of this Council concerning and relating to the adoption of this Resolution were adopted in an open meeting on the date indicated below, and that all deliberations of this Council and of any of its committees that resulted in such formal action, were in meetings open to the public in compliance with all legal requirements, including Section 121.22 of the Ohio Revised Code.

Section 3. This Resolution constitutes an emergency measure necessary for the health and general welfare of the residents of the City, and to execute the grant documents in a timely manner, and provided it receives the affirmative vote of two-thirds (2/3) of the members elected to Council, it shall take effect and be in force immediately upon its passage and approval by the Mayor, otherwise it shall take effect and be in force from and after the earliest period allowed by law.

PASSED: _____, 2018

Ron Jackson, Council President

Annette M. Blackwell, Mayor

Approved as to legal form:

Frank Consolo, Director of Law

ATTEST: _____
Leonette F. Cicirella, Clerk of Council

I, Leonette F. Cicirella, Clerk of Council of the City of Maple Heights, County of Cuyahoga, State of Ohio, do hereby certify the above to be a true and exact copy of the original as contained in the records of my office and that the same has been and will remain duly posted as required by law.

Date: _____

Leonette F. Cicirella, Clerk of Council

RESOLUTION NO. 2018-103

INTRODUCED BY: Mayor Annette M. Blackwell

MOTION FOR ADOPTION BY:

A RESOLUTION AUTHORIZING THE MAYOR TO ENTER INTO A CONTRACT WITH THE CITY OF GARFIELD HEIGHTS AND ITS FINANCE DIRECTOR BARBARA BIRO TO ALLOW BIRO TO RENDER TEMPORARY MUNICIPAL FINANCE SERVICES TO THE CITY OF MAPLE HEIGHTS, AND DECLARING AN EMERGENCY.

WHEREAS, Maple Heights, which is currently in fiscal emergency as determined by Ohio law, is in immediate need of an experienced and qualified Finance Director to render municipal finance services to Maple Heights as required by the Maple Heights Charter, Maple Heights Codified Ordinances, and Ohio law; and

WHEREAS, Garfield Heights has offered to assist Maple Heights by allowing its Finance Director, Barbara Biro, who is qualified and experienced in rendering municipal finance services, including experience in rendering financial services for a municipality in fiscal emergency under Ohio law, to render municipal financial services to Maple Heights; and

WHEREAS, R.C. 9.482(B)(1) provides that a political subdivision may enter into an agreement with another political subdivision whereby the contracting political subdivision agrees to render any service for the contracting recipient political subdivision that the contracting recipient political subdivision is otherwise legally authorized to render; and

WHEREAS, Garfield Heights, as the “contracting political subdivision”, and the City of Maple Heights, as the “contracting recipient political subdivision”, desire to enter into an agreement as authorized by R.C. 9.482(B)(1) whereby Garfield Heights will render, through its Finance Director Biro, municipal finance services to Maple Heights.

NOW, THEREFORE BE IT RESOLVED by the Council of the City of Maple Heights, County of Cuyahoga, State of Ohio, that:

Section 1. The Mayor is authorized to enter into a contract with the City of Garfield Heights and its Finance Director Barbara Biro to render temporary municipal finance services to the City of Maple Heights as set forth in the attached contract which is incorporated as if fully rewritten herein.

Section 2. It is found and determined that all formal actions of this Council concerning and relating to the adoption of this Resolution were adopted in an open meeting on the date indicated below, and that all deliberations of this Council and of any of its Committees that resulted in such formal action, were in meetings open to the public in compliance with all legal requirements, including Section 121.22 of the Ohio Revised Code.

Section 3. This Resolution constitutes an emergency measure necessary for the public health and welfare and to allow Finance Director Biro to immediately render municipal financial services to the City and provided it receives the affirmative vote of two-thirds (2/3) of the members elected to Council, it shall take effect and be in force immediately upon its passage and approval by

the Mayor, otherwise it shall take effect and be in force from and after the earliest period allowed by law.

PASSED: _____, 2018

Ron Jackson, Council President

Annette M. Blackwell, Mayor

Approved as to legal form:

Frank Consolo, Director of Law

ATTEST: _____
Leonette F. Cicirella, Clerk of Council

I, Leonette F. Cicirella, Clerk of Council of the City of Maple Heights, County of Cuyahoga, State of Ohio, do hereby certify the above to be a true and exact copy of the original as contained in the records of my office and that the same has been and will remain duly posted as required by law.

Date: _____

Leonette F. Cicirella, Clerk of Council

Barbara Ann Biro
4562 East 49th Street
Cuyahoga Hts., OH 44125

Mayor Blackwell
Council Members of Maple Heights

Dear Mayor Blackwell and Council Members:

The Cities of Garfield Heights and Maple Heights have an opportunity to become part of a new concept that is becoming more prevalent for local governments. All local governments face the same issues of state funding reductions, maintaining commercial property values and housing stock, and the challenges of economic development while attempting to maintain the delicate balance of revenues and services to our respective residents. We are forced to think of new ideas and the shared services of different local government departments are becoming more popular as a cost-saving measure.

Throughout my career, I have established myself as a successful and effective accounting professional. My deep understanding of accounting principles, familiarity with federal and state laws/regulations and local laws/ordinances are the reasons I have thrived in the areas of public, private and governmental accounting.

My extensive knowledge and experience I developed during the City of Garfield Heights status of fiscal emergency will bring a sense of reassurance to the governing body and residents of the City of Maple Heights that the City will be released from fiscal emergency and continue to thrive in the future. My thorough nature to detail and mandatory continuing education requirements for fiscal officers ensures that the Finance Department will operate in an efficient and productive manner. Additionally, my time management skills will allow me to successfully manage the requirements of both cities.

In addition to my accounting background and organizational skills, I have learned to work with a wide range of professionals that are needed in order to manage a governmental office. Throughout my career, I have always worked well with people of varying backgrounds. My communication skills ensure that the Finance Department will remain productive and professional.

I have attached my resume for your review and would like the opportunity to answer any questions you may have for me in regards to the shared service agreement approved by the City of Garfield Heights Council.

Sincerely,



Barbara Ann Biro

4562 East 49th Street Home 216-271-4577
Cuyahoga Hts., OH E-mail:
44125 bab3591@yahoo.com

Barbara Ann Biro

Objective To obtain a position either in the private or public sector that will utilize my skills, ability and experience that I have developed during my accounting career.

Experience 2010-Current City of Garfield Hts., Garfield Hts., OH

Administrative Manager – 2010 to 2015

Finance Director 2015 to present

- Finance Director supervising daily operations of the department including financial statement compilation, banking/investments, departmental reporting, accounts receivable/accounts payable GAAP compilations, tax abatements.

2010-Current Village of Cuyahoga Hts. Cuyahoga Hts., OH

Councilperson

- Represent Village residents along with local business in a legislative role.
- Member of Economic Development, Finance, Codified Ordinance Review and Health Committee
- Income tax, School and TIRC Committee

2002-2009 Village of Cuyahoga Hts. Cuyahoga Hts., OH

Clerk of Council/Finance Director

- Director of Village's governmental funds. Managed all areas of fund accounting including banking/investments, account receivables/payables, payroll for both collective and non-collective bargaining employees including pension reporting, departmental and committee budget preparation, bank reconciliation. Prepared all mandatory governmental reports. Management representative for the Village's collective bargaining agreements.
- Clerk to the Village Council. Worked directly with the governing body of the Village. Prepared all agendas and meeting minutes. Conducted all public Council meetings.
- Additional Responsibilities:
Human Resources Manager, Benefit Plans Administrator, Secretary-Planning Commission and Zoning Board of Appeal, Public Records Manager
- Member of the Municipal Finance Officers Association since 2002.

1992 – 2002 Garland Floor Company Cuyahoga Hts., OH
Accounting Supervisor

- Preparation of financial statements, bank reconciliations for presentation to the CFO.
- Assisted with the daily operations of accounts receivable/payables, payroll, human resources and banking.
- Worked directly with the CFO in departmental budget preparation, yearly audit review and company's profit sharing plan.

1987-1990 Cozza & Steuer, LPA Cleveland, OH
Tax Accountant/Auditor

- Performed compilations for various private and public businesses.
- Tax preparer of federal, state and local tax returns for business, payroll and individual taxes.
- Union auditor.

Education

1983-1987 Cleveland State University Cleveland, OH
Four year Business Administration degree with a major in Accounting

1983 Graduate of the Cuyahoga Hts. School System
Cuyahoga Hts, OH

- Class Valedictorian, Senior Class Treasurer
- Phi Beta Kappa Recipient, National Honor Society Student

Skills

Proficient in Microsoft Word, Excel, Publisher, Microsoft XP Professional, SSI governmental software.

Interests

Member of Cuyahoga Hts. School Finance/Audit Committee, Church Volunteer

References available upon request

ORDINANCE NO.:

82-2018

*Adopted
November 13, 2018*

*5 YEAS
1 Present
1 Absent*

SPONSORED BY:

MAYOR VIC COLLOVA

CO-SPONSORED BY:

COUNCILMAN MATT BURKE, COUNCILMAN MICHAEL
NENADOVICH, AND COUNCILMAN JOSEPH SUSTER

T. V. AUGER

AN EMERGENCY ORDINANCE AUTHORIZING AND DIRECTING THE MAYOR, OR HIS DESIGNEE, TO ENTER INTO AN AGREEMENT WITH THE CITY OF MAPLE HEIGHTS AND BARBARA BIRO TO ALLOW MS. BIRO TO ACT AS THE ACTING FINANCE DIRECTOR FOR THE CITY OF MAPLE HEIGHTS

WHEREAS, The City of Maple Heights, which is currently in fiscal emergency as determined by Ohio law, is in immediate need of an experienced and qualified Finance Director to render municipal finance services to Maple Heights, and

WHEREAS, Garfield Heights has offered to assist Maple Heights by allowing Finance Director Barbara Biro, who is qualified and experienced in rendering financial services for a municipality in fiscal emergency under Ohio law, to render municipal financial services to Maple Heights.

NOW, THEREFORE BE IT ORDAINED BY THE COUNCIL OF THE CITY OF GARFIELD HEIGHTS, OHIO, THAT:

SECTION 1. The Mayor, or his Designee, is hereby authorized and directed to enter into an agreement (attached hereto as Exhibit A, and incorporated as if fully written within) with the City of Maple Heights and Barbara Biro.

SECTION 2. Council declares this Ordinance to be an emergency measure necessary for the preservation of the public health, safety and welfare; therefore, this Ordinance shall be in full force and effect immediately upon the adoption by Council and approval by the Mayor; otherwise from and after the earliest period allowed by law.

PASSED:

November 13, 2018

APPROVED:

[Signature]
MAYOR

[Signature]
PRESIDENT OF COUNCIL

ATTEST:

[Signature]
CLERK OF COUNCIL

EFFECTIVE DATE:

11/13/2018

AGREEMENT

This Agreement is entered into pursuant to R.C. 9.482(B)(1) between the City Of Garfield Heights, an Ohio political subdivision ("Garfield Heights") (the "contracting political subdivision"), and the City of Maple Heights, an Ohio political subdivision ("Maple Heights") (the "contracting recipient political subdivision") and Barbara Biro, Garfield Heights Finance Director ("Biro"), and is effective November 1, 2018.

WHEREAS, Maple Heights, which is currently in fiscal emergency as determined by Ohio law, is in immediate need of an experienced and qualified Finance Director to render municipal finance services to Maple Heights as required by the Maple Heights Charter, Maple Heights Codified Ordinances, and Ohio law; and

WHEREAS, Garfield Heights has offered to assist Maple Heights by allowing Biro, who is qualified and experienced in rendering municipal finance services, including experience in rendering financial services for a municipality in fiscal emergency under Ohio law, to render municipal financial services to Maple Heights; and

WHEREAS, R.C. 9.482(B)(1) provides that a political subdivision may enter into an agreement with another political subdivision whereby the contracting political subdivision agrees to render any service for the contracting recipient political subdivision that the contracting recipient political subdivision is otherwise legally authorized to render; and

WHEREAS, Garfield Heights, as the "contracting political subdivision", and the City of Maple Heights, as the "contracting recipient political subdivision", desire to enter into an agreement as authorized by R.C. 9.482(B)(1) whereby Garfield Heights will render, through its Finance Director Biro, municipal finance services to Maple Heights; and

WHEREAS, the Maple Heights City Council on _____, _____, 2018 passed Resolution No. 2018-_____ authorizing Maple Heights Mayor Blackwell to enter into this Agreement; and

WHEREAS, the Garfield Heights City Council on November 13, 13, 2018 passed Ordinance No. 2018- 82 authorizing Garfield Heights Mayor Collova to enter into this Agreement;

NOW, THEREFORE, in consideration of the mutual promises contained herein, and pursuant to R.C. 9.482(B)(1), Maple Heights, Garfield Heights and Biro hereby agree as follows:

1. Garfield Heights Finance Director Biro shall be designated and authorized as "Acting Finance Director" for Maple Heights and render municipal finance services to Maple Heights as required by the Maple Heights Charter, Maple Heights Codified Ordinances and Ohio law.

2. Biro shall have full access and use of the office space, supplies and equipment, including computers and software, within the Maple Heights Finance Department located at Maple Heights City Hall, 5353 Lee Road.

3. Biro shall attempt to equalize her weekly work hours between the Maple Heights Finance Department and Garfield Heights Finance Department as reasonably as possible, but in no event shall Biro render less than 20 hours per week of municipal finance services to Maple Heights, excluding weeks wherein Biro takes sick leave, holiday or vacation leave.

4. Garfield Heights shall continue to pay Biro's monthly salary and benefits, including, PERS, holidays, vacation and health care benefits, which amounts to a total of \$9,564.34. Maple Heights shall pay to Garfield Heights, by the 10th of each month, one-half of Biro's monthly salary and benefits, which amounts to \$4,782.17. In the event the Garfield Heights gives Biro a salary increase, the same shall be paid equally by both Garfield Heights and Maple Heights as set forth herein.

5. Notwithstanding the number of weekly hours Biro spends rendering municipal services to Maple Heights, Biro will continue to earn PERS benefits, sick time, holidays and vacation with Garfield Heights as if she was working full-time for Garfield Heights. Accordingly, Biro understands and agrees that she will not be entitled to earn PERS benefits, sick time, holidays and vacation leave despite hours worked for Maple Heights.

6. Pursuant to R.C. 9.482(F), Biro understands and agrees that she may participate in any pension or indemnity fund established by Maple Heights, including contributions to PERS, but declines to do so and affirmatively waives any right to seek contributions by Maple Heights to PERS based on hours of service she renders to Maple Heights pursuant to this Agreement.

7. Pursuant to R.C. 9.482(F), Maple Heights understands and agrees that Biro is entitled to all the rights and benefits of R.C. Chapter 4123 (Workers Compensation).


8. Pursuant to R.C. 9.482(F), the Parties understand, agree and intend that R.C. Chapter 2744 applies to and protects Garfield Heights, Maple Heights and Biro as parties to this Agreement, wherein Biro will be rendering a service outside the boundary of her employing political subdivision, Garfield Heights.

9. The Parties understand and agree that this Agreement is temporary and shall be reviewed at least every 6 months.

10. The Parties agree to give each other at least thirty (30) days' notice of the intent to terminate this Agreement.

THE CITY OF GARFIELD HEIGHTS

THE CITY OF MAPLE HEIGHTS

By: 

By: _____

Its: MAYOR

Its: _____

Date: 11/15/18

Date: _____

BARBARA BIRO

Date: _____

AGREEMENT

This Agreement is entered into pursuant to R.C. 9.482(B)(1) between the City Of Garfield Heights, an Ohio political subdivision (“Garfield Heights”)(the “contracting political subdivision”), and the City of Maple Heights, an Ohio political subdivision (“Maple Heights”) (the “contracting recipient political subdivision”) and Barbara Biro, Garfield Heights Finance Director (“Biro”), and is effective November 1, 2018.

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WHEREAS, Garfield Heights has offered to assist Maple Heights by allowing Biro, who is qualified and experienced in rendering municipal finance services, including experience in rendering financial services for a municipality in fiscal emergency under Ohio law, to render municipal financial services to Maple Heights; and

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WHEREAS, Garfield Heights, as the “contracting political subdivision”, and the City of Maple Heights, as the “contracting recipient political subdivision”, desire to enter into an agreement as authorized by R.C. 9.482(B)(1) whereby Garfield Heights will render, through its Finance Director Biro, municipal finance services to Maple Heights; and

WHEREAS, the Maple Heights City Council on _____, _____, 2018 passed Resolution No. 2018- _____ authorizing Maple Heights Mayor Blackwell to enter into this Agreement; and

WHEREAS, the Garfield Heights City Council on _____, _____, 2018 passed Ordinance No. 2018- _____ authorizing Garfield Heights Mayor Collova to enter into this Agreement;

NOW, THEREFORE, in consideration of the mutual promises contained herein, and pursuant to R.C. 9.482(B)(1), Maple Heights, Garfield Heights and Biro hereby agree as follows:

1. Garfield Heights Finance Director Biro shall be designated and authorized as “Acting Finance Director” for Maple Heights and render municipal finance services to Maple Heights as required by the Maple Heights Charter, Maple Heights Codified Ordinances and Ohio law.

2. Biro shall have full access and use of the office space, supplies and equipment, including computers and software, within the Maple Heights Finance Department located at Maple Heights City Hall, 5353 Lee Road.

3. Biro shall attempt to equalize her weekly work hours between the Maple Heights Finance Department and Garfield Heights Finance Department as reasonably as possible, but in no event shall Biro render less than 20 hours per week of municipal finance services to Maple Heights, excluding weeks wherein Biro takes sick leave, holiday or vacation leave.

4. Garfield Heights shall continue to pay Biro’s monthly salary and benefits, including, PERS, holidays, vacation and health care benefits, which amounts to a total of \$9,564.34. Maple Heights shall pay to Garfield Heights, by the 10th of each month, one-half of Biro’s monthly salary and benefits, which amounts to \$4,782.17. In the event the Garfield Heights gives Biro a salary increase, the same shall be paid equally by both Garfield Heights and Maple Heights as set forth herein.

5. Notwithstanding the number of weekly hours Biro spends rendering municipal services to Maple Heights, Biro will continue to earn PERS benefits, sick time, holidays and vacation with Garfield Heights as if she was working full-time for Garfield Heights. Accordingly, Biro understands and agrees that she will not be entitled to earn PERS benefits, sick time, holidays and vacation leave despite hours worked for Maple Heights.

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7. Pursuant to R.C. 9.482(F), Maple Heights understands and agrees that Biro is entitled to all the rights and benefits of R.C. Chapter 4123 (Workers Compensation).

8. Pursuant to R.C. 9.482(F), the Parties understand, agree and intend that R.C. Chapter 2744 applies to and protects Garfield Heights, Maple Heights and Biro as parties to this Agreement, wherein Biro will be rendering a service outside the boundary of her employing political subdivision, Garfield Heights.

9. The Parties understand and agree that this Agreement is temporary and shall be reviewed at least every 6 months.

10. The Parties agree to give each other at least thirty (3)0 days' notice of the intent to terminate this Agreement.

THE CITY OF GARFIELD HEIGHTS

THE CITY OF MAPLE HEIGHTS

By:_____

By:_____

Its:_____

Its:_____

Date:_____

Date:_____

BARBARA BIRO

Date:_____



COACH ANDRÉ'

216.309. AQUA (2782)

rhythmandstrokeLLC@yahoo.com

www.rhythmandstroke.com

Kimberly Brown

440.345. MODL (6635)

elystafoundation@yahoo.com

www.elystaproductions.com

Coach André of Rhythm and Stroke LLC helps Maple make a Mighty Splash!

We know as a community how important it is to break stereotypes and barriers. Therefore, we propose a collaborative effort with the City of Maple Heights to partner with us as we continue to Promote, Educate, Advocate, and Rejuvenate Leaders in swimming with the **Maple Makes a Mighty Splash** initiative lead by Coach André Morton of Rhythm and Stroke LLC. Coach André is an excellent swimmer and Instructor, he is WSI and LGI Certified and co-owner of Rhythm and Stroke LLC.

Maple makes a Mighty Splash initiative will cover two Aquatic programs that offer two classes each:

1) Rhythm and Stroke **Get fit with AQUA HIIT** program is our High Intensity Interval training Aquatic aerobics class (no swim skills required). This program offers two classes, 1) AQUA Bootcamp and 2) AQUA Cycling.

2) Rhythm and Stroke **Do it Afraid** program is an introductory water safety and early learning swim class for all ages. These classes will be offered as a child only class and an adult only class.

1) Rhythm and Stroke "Get Fit with AQUA HIIT" is a High Intensity Interval Training aquatic program for adults. It is an advanced, highly effective form of cardiovascular training. HIIT involves brief bursts of very high-intensity work followed by a brief recovery period. Studies have shown that these intense bursts of exercise boost your metabolism and may burn more total calories than steady state cardio. Since participants are more buoyant in the water it allows them to move easier than they would be able to on land. The water is often accommodating to those who have physical disabilities and/or injuries. Water can be an additional form of therapy for mental illness as well since movement in the water, whether swimming or aerobics, is a form of exercise which can produce endorphins that help battle mental illness. This High Intensity Training is made easier when it is done in the water.

The Aqua HIIT program will include but not limited to toning and strengthening, water weight training, circuit style training as well as jumping and running in the water. The classes will take place in the shallow end of the pool to include non-swimmers. This course is high intensity but low impact on the muscles and joints of the body. The moves within the classes can be modified by the participants on comfort level and/or



physical abilities. The two classes, AQUA Bootcamp and AQUA cycling will operate on a HIIT style training.

2) Rhythm and Stroke Do It Afraid swim program is a collaboration with ELYSTA Foundation. The program is designed for fearful non-swimmers (adults and children). The purpose of the program is to tackle the task of eliminating fear, elevating confidence and equipping swim survival skills in individuals fearful of the water. The program is designed to encourage adults and children to learn to swim and reinforce the joys of swimming. 70% of African Americans, 60% of Hispanics and 40% of Caucasians in America cannot swim which leads to a high number of drowning accidents daily.

Swimming is not defined by physical handicaps or age. As early as six months and well into a person's 90s, they can participate in swimming and water activities.

The Do It Afraid program will include water safety, stroke development and breathing techniques. Skills that will be assessed include but not limited to: the ability to float on their front and back, the ability to roll from their front to their back for recovery, the ability to bob (breathe under water and blow bubbles), the ability to flutter kick and the ability to glide in the water.

At the end of the Do It Afraid 8 week swim program, the graduating classes will be acknowledged with a small ceremony to celebrate their accomplishment {Location TBD}. Evaluation of the program will also be assessed with a survey to be completed by participants (including students and parents/guardians). Coach André will also complete an assessment on each participant so they can see the strides they have made while in the program as well as where they can continue to improve.

Graduation fee: \$12/person

In an effort to continue to close the gap on these statistics, we would like to educate members of the community as a whole on the importance and benefits of swimming and Aqua aerobics by speaking to them at council meetings as well school; assemblies before summer approaches. The discipline necessary to participate in any sport as well as the exercise that swimming provides is a great way to not only promote safe water practices but also healthy living through remaining active.

The Maple Makes a Mighty Splash initiative will run for eight weeks during the summer of 2019. Classes will take place 2-4x/week at the Maple Heights Stafford outdoor pool. Each class will run 30-60 minutes, depending on the class.

1) The cost for instruction for the AQUA HIIT 8 week program (16 classes)

AQUA Boot camp is:



- \$128/person (\$8/class) or \$10/class for drop ins.
- Minimum of 10 participants required to run the class.
- Maximum 30 participants.
- The cost for 32 classes (4x/week) is \$256/person (\$8/class) or \$10/class for drop-ins.

AQUA Cycling:

- The cost for 16 classes \$288/person (\$18/class) or \$25/class for drop-ins.
- The cost for 32 classes (4x/week is \$576/person) (\$18/class) or \$25/class for drop-ins.

2) The cost for instruction for the **Do It Afraid 8 week program** (16 classes):

Adults:

- *Fee:* \$196/person (\$12.25/class) coming twice/week
- *Days/Times:* Tuesdays/Thursdays-5p-7p: 45min
- Minimum of 10 participants required.
- Maximum of 20 participants

No drop-in options

Children:

- Fee:\$196/person (16 classes)
- Days/Times: Mondays/Wednesdays 5p-7p: 30min increments
- Minimum of 4 students required
- Maximum of 6 students.

For group sizes greater than 6 children will require an additional instructor with an additional fee of \$35/session.

No drop-in options

Children's classes will be arranged by age group (ie) 5:00p-5:30p: ages 7yrs-10yrs.
5:30p-6:00p- ages 11yrs- 13yrs. 6p- 6:30p- ages 12yrs- 14yrs etc...

Additional Programming tools that we will provide:

1. Swim caps for patrons (while supplies last)
2. Goggles for patrons (while supplies last)
3. Pool Noodles
3. Kickboards
4. Barbells
5. Bikes

Equipment cost: \$2,500.00

We would need use of storage space near the pool area for our equipment.



The Maple makes a Mighty Splash with Rhythm and Stroke initiative will begin **the second week of June 2019**. During lessons parents of participants under the age of 18 yrs old are permitted to observe from the side, and are not permitted to leave the pool area before their child(ren) lesson is complete. Parents/participants will sign-in to each session, Coach André will be responsible for making sure this documentation is recorded for verification of participation in the program(s).

All participants will sign media releases and liability waivers as well as proof of receipt of the Rhythm and Stroke dress code, attendance and safety policies etc... Participants will be video taped within their sessions to follow their progress within the programs which will be shared on Rhythm and Stroke and the city of Maple Heights social media sites, websites and other correspondence.

Rhythm and Stroke LLC's mission is to teach learn to swim, stroke refinement and conditioning to all ages. We strive to improve and enhance the swimming ability and skills of swimmers through our teaching methods. We meet you where you are and strive to make you a better swimmer and conditioned individual through our Rhythm and Stroke aquatic instruction.

Together with the Maple Heights community, our vision is for a group of individuals to become a group of empowered swimmers whose fears have been eliminated, ensuring that they have practical tools for accomplishing these visionary ends. We do this work by convening, engaging, mobilizing and supporting each individual on this journey to SwimStrong™.

The fear of swimming has crossed a multitude of decades, generations and cultures, in particular the African–American and Hispanic communities. This Maple Makes a Mighty Splash program is a perfect synthesis of our mission to empower people by disabling fear. Fear can be such a debilitating tool that holds so many people back from achieving greatness, but once it is conquered and fears are overcome each individual will be overwhelmed with a feeling of accomplishment that is indescribable. This program will allow for applicable real life skills that not only promote water safety but participants can continue their skills and receive jobs as lifeguards, careers as swim coaches/instructors and children can even compete and receive college funding as well as go on to compete in the Olympic games.

Promotion for the program will be advertised at Maple Heights local libraries, schools, on social media, on both the Rhythm and Stroke and ELYSTA Productions websites, at Stafford Park and the City of Maple Heights City Hall.

Interested participants must register with the City of Maple Heights.
Tentative Registration deadline is **May 1st, 2019**.

Tentative Programming Schedule:

Mon- Thursday: 10am- 1p

Mon- Thursday: 5p-8p



Saturdays: 10a-12p

AQUA Bootcamp- 10am 11-am, 11am-12p

AQUA Cycling- 12p-1p and 7p-8p

Swim lessons: 5p-7p- and on Saturdays

Together, Rhythm and Stroke LLC will use **AQUA HIIT** and the **‘Do it Afraid ’** swim Programs to help the Maple Heights community **Inhale Confidence and Exhale Fear. Let’s Make a Mighty Splash together!**

Coach Andre Morton, Rhythm and Stroke

Date

Kimberly N Brown- Morton, ELYSTA

Date



Ohio Department of Natural Resources

JOHN R. KASICH, GOVERNOR

JAMES ZEHRINGER, DIRECTOR

Office of Real Estate
Paul R. Baldrige, Chief
2045 Morse Road – E2
Columbus, OH 43229-6693

June 18th, 2018

Ms. Natalie Wade
Administrative Assistant to Mayor Annette M. Blackwell
5353 Lee Road
Maple Heights, OH 44137

RE: H.B. 529 project: Maple Heights Recreation Improvements

Dear Ms. Wade:

Congratulations on your Capital Improvement award for a Community Parks, Recreation and Conservation Project appropriated by the 132nd Ohio General Assembly through House Bill 529 in the amount of **\$100,000**. The Ohio Department of Natural Resources (ODNR) Office of Real Estate & Land Management (REALM) is responsible for administering these appropriations.

ODNR will work with the Project Sponsor (you) to successfully complete your project in compliance with Tax Exempt State Bond requirements. The following sequential steps will be followed:

1. The Project Sponsor (you) completes the Project Information Package in Section One of the Guide to Capital Improvement Community Parks, Recreation, & Conservation Projects. Please submit the completed Project Information Package (pages 3-11 only) to the ODNR Office of REALM. This is needed to assure that the project and the Project Sponsor meet Tax Exempt State Bond eligibility requirements. ODNR will review your submittal and contact you if there are any questions.

For your convenience the fillable guide is located online:

<http://realestate.ohiodnr.gov/capital-projects> Please be sure to use the HB 529 guide.

If you prefer to receive this guide in paper format, email your request to

timothy.robinson@dnr.state.oh.us

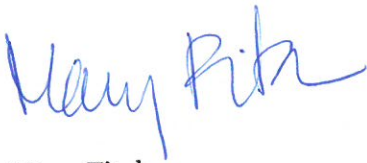
Upon approval of the completed Project Information Package, ODNR will send the Project Sponsor a state – local project contract. The Project Sponsor signs this contract & returns it to the ODNR Office of REALM.

2. After receipt of the signed contract, ODNR will submit a request to the State Controlling Board for approval and release of funds for the project. This will take several weeks. Upon State Controlling Board approval, the state-local project contract will be executed, and the Project Sponsor will receive a copy. Qualifying Project Sponsors may then request partial advance of funds to begin the project.

3. Upon significant project progress, the Project Sponsor may submit reimbursement requests to the ODNR Office of REALM. These documented expenditures will be counted against any advance already issued. After the amount of an advance is met, reimbursements for properly documented expenditures will be made until the granted amount has been completely reimbursed. Because of time constraints associated with Tax Exempt State Bonds, Project Sponsors are strongly encouraged to complete projects by the end of the current biennium, June 30th, 2020.

If you have any questions please do not hesitate to contact me at (614) 265-6477 or Tim Robinson at (614) 265-6528. Good luck with your project.

Sincerely,



Mary Fitch
Recreation Services Administrator
mary.fitch@dnr.state.oh.us